



ILLNESS POLICY

Merriman Soccer

This Merriman Soccer policy is applicable to all staff, volunteers, referees, members, players and each of their family members with respect to illness and attendance or participation in any sanctioned program activity or event.

Non-compliance with the requirements of this policy could result in removal from the sanctioned activity and in situations of gross negligence, removal from the program and all sanctioned Merriman Soccer activities and events.

DEFINED TERMS:

- **“Activity”** shall be defined as Merriman Soccer-sanctioned activities (i.e. training session).
- **“Facility”** shall mean any facility used for any Activity including but not limited to clubhouses and fields.
- **“Team Member”** is defined as any staff member, volunteer, participant, or family member of any of these.

IT IS MANDATORY FOR ALL TEAM MEMBERS TO IMMEDIATELY INFORM A MERRIMAN SOCCER OFFICIAL, TECHNICAL STAFF MEMBER OR COACH/MANAGER IF THEY FEEL ANY SYMPTOMS OF COVID-19 SUCH AS FEVER, CHILLS, COUGH, SHORTNESS OF BREATH, SORE THROAT AND PAINFUL SWALLOWING, STUFFY OR RUNNY NOSE, LOSS OF SENSE OF SMELL, HEADACHE, MUSCLE ACHES, FATIGUE AND LOSS OF APPETITE.

SELF-ASSESSMENT REQUIREMENTS:

- Team Members must review the self-assessment signage located throughout the facility before their participation in any Activity, to confirm that they are not symptomatic.
- Managers/coaches will visually monitor Team Members' health throughout the Activity.
- If Team Members are unsure of any symptoms they may be aware of, they should use the COVID Self-Assessment Tool to confirm their readiness to participate in the Activity.
- If a Team Member is considered vulnerable or at risk (elderly, immunosuppressed, suffering from serious health problems, notably high blood pressure, pulmonary diseases, diabetes, obesity or asthma) Merriman Soccer must be notified of this vulnerability and the Team Member is requested to seek written doctor's approval for participation in the Activity.



TEAM MEMBER REQUIREMENTS:

If a Team Member is feeling sick with COVID-19 symptoms, regardless of severity (i.e., even mild symptoms):

- They must remain at home.
- They should consider contacting Health Link BC at 8-1-1.
- They will be sent home immediately and should not return until the symptoms clear completely.
- No Team Member may participate in any Activity if they are symptomatic.

If a Team Member tests positive for COVID-19:

- The Team Member will not be permitted to return to any Activity until they are completely recovered and provide Merriman Soccer with a doctor's note confirming the same.
- Any Team Member who has been in close contact with an infected Team Member will also be removed from all Activity for at least 14 days (Quarantined) to ensure the infection does not spread further.

If a Team Member has been tested and is waiting for the results of a COVID-19 Test:

- As with any confirmed case, the Team Member will be unable to participate in any Activity until test results are received and a negative result is confirmed.
- Other Team Members who may have been exposed will be informed and removed from the Activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

If a Team Member has come in to contact with someone who is confirmed to have COVID-19 or if someone in the Team Member's household is showing symptoms of COVID-19:

- Team Members must inform Merriman Soccer as soon as possible upon belief or confirmation they have been exposed to COVID-19.
 - The Team Member will be removed from all Activity for at least 14 days or as otherwise directed by public health authorities.
 - Team Members who may have come into close contact with the Team Member will also be removed from all Activity for at least 14 days.
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Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to participate in any Activity or be present at any Facility.

- Any Team Member who has travelled outside of Canada or the province within the last 14 days must quarantine and self-isolate.
- Any Team Member who has been instructed by public health authorities to self-isolate, must do so.

REFERENCES:

Province Of British Columbia Resources:

- [B.C.'s Restart Plan](#)
- [BC COVID-19 Go-Forward Management Strategy](#)
- [B.C. Go Forward Strategy Checklist](#)
- [PHO Orders](#)

Health Resources:

- [COVID-19 \(B.C.\) Provincial Support](#)
- [BC COVID-19 Self-Assessment Tool](#)
- [Health Canada Handwashing Guidelines](#)

Sport And Recreation Resources:

- [BC Soccer Return to Play](#)
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